

# YOGA



➤ **Monday – Yoga with Pilates**

January 7<sup>th</sup> through February 25<sup>th</sup>

7:00-8:00 p.m. No Class 1/21 & 2/18

➤ Cassidy Theatre (Lower Level)  
(6200 Pearl Rd.)

➤ Six (6) 1-hour classes  
\$50.00/Monday session check or cash only (in person)  
or credit/debit card (online)

➤ Limited openings

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Registrations are being accepted at:

-Parma Hts. City Hall (6281 Pearl Rd.)

-Mondays through Fridays

-8:30 a.m. - 4:30 p.m.

-You must be registered in person no later than 1/04/18 for Monday's class.

or

online registration is available through December 15th

at Parma Heights Recreation