

# PARMA HEIGHTS FLAG FOOTBALL

- WHO:** Youth entering 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> grade for the 2012/2013 school year. **YOU MUST BE A RESIDENT OF PARMA, PARMA HEIGHTS OR SEVEN HILLS.**
- WHEN:** Registration will be on Wednesday, June 6<sup>th</sup> and Tuesday, June 12<sup>th</sup> from 4:30 PM-6:30 PM. **A CURRENT UTILITY BILL AND CHILD'S MOST RECENT REPORT CARD WILL BE REQUIRED AT THIS TIME.**
- WHERE:** Parma Heights City Hall  
6281 Pearl Road
- FEE:** Cost will be \$40 at the time of registration. Cash or check (made payable to Parma Heights Recreation) will be accepted, we are unable to accept credit/debit cards.

If you have any questions, please call: 440.884.9600 extension 37 or go to our website: [parmaheightsoh.gov](http://parmaheightsoh.gov)

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- Practice is during the month of August, games will be played in September & October.
- Regular season games: 2<sup>nd</sup> & 3<sup>rd</sup> grade league will play at N.E.O Soccer (6200 Pearl Road), the 4<sup>th</sup> & 5<sup>th</sup> grade league will play at the Reservoir fields. All games on Saturday mornings.
- There will no more than 2 practices per week.
- For a player to participate in weekly game you must attend practice a minimum of once a week.
- Practice will not exceed one (1) hour.
- Each player must play in a minimum of five (5) plays. Kicking and punt plays do not count as a play.
- **ALL COACHES AND PLAYERS MUST CONDUCT THEMSELVES IN A MANNER THAT IS REFLECTIVE OF THE LEAGUE'S PHILOSOPHY AT ALL TIMES.**

**PARENTS/GUARDIANS ARE RECOMMENDED TO HAVE PARTICIPANTS HAVE A MEDICAL EXAMINATION OR SPORTS PHYSICAL PRIOR TO PARTICIPATION SINCE SUCH PARTICIPATION MAY INVOLVE RIGOROUS PHYSICAL EXERTION AND CONTACT WITH OTHER PARTICIPANTS.**