

August 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:00 a.m. Aerobics 10:00 a.m. Chair Dancing "Around the World"	3 10:00 a.m. Chair Dancing "Through the Decades" 11:00 a.m. Chair Yoga 12-2:00 p.m. Farmers Mobile Market 12:45 p.m. Book Club 1:00 p.m. Greenbrier Senior Living "Treat Bingo"	4  8:30 a.m. Walking on Wednesday @the park 12:00 Southland 12:45 p.m. Movie: "The Good Guy" 	5 10:00 a.m. Chair Dancing "Original" 11:00 a.m. Blood Pressure -Caring Tree  1:00 p.m. Dr. Zaccardelli 	6 9:00 a.m. Aerobics 10:00 a.m. Chair Volleyball  12:30 p.m. Pizza Pan  12:30 p.m. Cards 	7
8	9 9:00 a.m. Aerobics 10:00 a.m. Chair Dancing "Around the World"	10  10:00 a.m. Chair Dancing "Through the Decades" 11:00 a.m. Chair Yoga 12-2:00 p.m. Farmers Mobile Market 1:00 p.m. Ice Cream Social 	11  8:30 a.m. Walking on Wednesday @ the park 11:00 a.m. Library Bill 12:00 Heinen's 1:00 p.m. Crafts	12 10:00 a.m. Chair Dancing "Original" 12:45 p.m. Wii -Home Instead 1:00 p.m. Dr. Zaccardelli 	13 9:00 a.m. Aerobics 10:00 a.m. Corn Hole 12:30 p.m. Cards 1:00 p.m. Playhouse Square	14 12:00 Cuyahoga County Fair 
15	16 9:00 a.m. Aerobics 10:00 a.m. Chair Dancing "Around the World"	17 10:00 a.m. Chair Dancing "Through the Decades" 11:00 p.m. Chair Yoga 11:00 a.m. Blood Pressure -Parma Hospital 12-2:00 p.m. Farmers Mobile Market 1:00 p.m. Mount Pleasant Villa "Bakery Bingo" 	18  8:30 a.m. Walking on Wednesday @ the park 12:00 Southland 12:45 p.m. Movie: " Our Family Wedding"  5:00 p.m. Broadview Bingo & Dinner	19 10:00 a.m. Chair Dancing "Original" 1:00 p.m. Dr. Zaccardelli  5:00-8:00 p.m. Free Parma Heights Night Evening Transportation 	20 9:00 a.m. Aerobics 10:00 a.m. Ladder Golf 12:30 p.m. Cards 	21 11:30 a.m. Hecks Cafe
22	23 9:00 a.m. Aerobics 10:00 a.m. Chair Dancing "Around the World" 12:00 Kmart	24 10:00 a.m. Chair Dancing "Through the Decades" 11:00 a.m. Chair Yoga  12-2:00 p.m. Farmers Mobile Market 1:00 p.m. Mount Alverna "Fruity Bingo"	25  8:30 a.m. Walking on Wednesday @the park 10:00 Cleveland Museum of Art 12:00 Heinen's	26 10:00 a.m. Chair Dancing "Original" 12:45 p.m. Harmony Home Care Card Crafts 1:00 p.m. Dr. Zaccardelli 	27 9:00 a.m. Aerobics 10:00 a.m. Chair Volleyball  12:30 p.m. Cards  7:00 p.m. Akron Aeros 	28
29	30 9:00 a.m. Aerobics 10:00 a.m. Chair Dancing "Around the World" 5:00 p.m. D'Angelos	31 10:00 a.m. Chair Dancing "Through the Decades" 11:00 a.m. Chair Yoga 12-2:00 p.m. Farmers Mobile Market 1:00 p.m. Royal Oak "Special Bingo" 				