

# YOGA



➤ **Thursday – Vinyasa Flow Yoga**

March 7<sup>th</sup> through May 23<sup>rd</sup>

No Class on 3/14/19 & 4/25/19

6:00-7:00 p.m.

➤ Cassidy Theatre (Lower Level)  
(6200 Pearl Rd.)

➤ Ten (10) 1-hour classes  
\$75.00/Thursday session check or cash only (in person)  
or credit/debit card (online)

➤ Limited openings

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Registrations are being accepted at:

-Parma Hts. City Hall (6281 Pearl Rd.)

-Mondays through Fridays

-8:30 a.m. - 4:30 p.m.

-You must be registered no later than 3/7/19 for Thursday class.

or

online registration is available March 1<sup>st</sup>

at Parma Heights Recreation